

CALAMITY JANE EXPRESS (R)
Emergency Checklist
at www.calamityjaneexpress.net
Standard Messages

Thunderstorms 2/2

Outside and a Severe Thunderstorm Is Approaching

- Get to shelter.
- Avoid likely lightning targets.

You should:

- Find shelter immediately. If you are boating or swimming, get to land, get off the beach, and find shelter immediately.
- Take shelter in a substantial, permanent, enclosed structure
- If there is no reinforced building in sight, take shelter in a vehicle.
- If you are in the woods, find an area protected by a low clump of trees.
- As a last resort and if no suitable structure or vehicle is available, go to a low lying, open place away from trees, poles, or metal objects.
- Avoid tall structures, such as towers, tall trees, fences, telephone lines, and power lines.
- Stay away from natural lightning rods, such as golf clubs, tractors, fishing rods, bicycles, and camping equipment.
- If you are isolated in a level field or prairie and you feel your hair stand on end (which indicates that lightning is about to strike), crouch low to the ground on the balls of your feet.

Note: Coordinators of outdoor events should monitor the weather with a NOAA Weather Radio and evacuate participants when appropriate.

Note: School buses are an excellent lightning shelter due to the amount of metal shielding but a substantial building is still a better shelter due to the high-winds associated with severe storms.

After a Severe Thunderstorm

- Stay informed.
- Be alert to hazards.
- Help others.

You should:

- Continue using a NOAA Weather Radio or listening to a local radio or television station for updated information and instructions.
- Help people who require special assistance
- Stay away from storm-damaged areas .
- Watch out for fallen power lines and report them immediately

If Someone Is Struck by Lightning

- Get help.
- Give first aid.

You should:

- Call for help.
- Give first aid.
- Check the person for burns in two places.

Driving During a Severe Thunderstorm or Heavy Rain

- Pull over.
- Stay in the vehicle.
- Be alert for flooding.

You should:

- Pull safely onto the shoulder of the road and stop, making sure you are away from any trees or other tall objects that could fall on the vehicle.
- Stay in the vehicle and turn on the emergency flashers until the heavy rain subsides.
- Avoid contact with metal or other conducting surfaces outside or inside the vehicle.
- Avoid flooded roads.

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