

Disaster supplies Kit

- **Assemble and maintain a Disaster Supplies Kit.**
- **Keep emergency supplies in every vehicle.**

Disaster Supplies Kit:

- Food—a three-day supply in the kit and at least an additional four-day supply readily accessible for use if you are confined to home. You may want to consider stocking a two-week supply of food and water in your home.
- Water—three gallons per person in the kit and an additional four gallons per person readily accessible for use if you are confined to home.
- Portable, battery-powered radio or television and extra, fresh batteries.
- Flashlight and extra, fresh batteries.
- First aid kit.
- Medications—Prescription and non-prescription that are regularly used. Check with your physician or pharmacist on storage requirements.
- Cash and coins.
- Copies of personal identification, such as driver's licenses, passports, and work identification badges, and copies of medical prescriptions and credit cards
- An extra set of car keys and house keys.
- Matches in a waterproof container.
- Map of the area marked with places you could go and their telephone numbers.
- Items for infants, such as formula, diapers, bottles, pacifiers, powdered milk, and medications not requiring refrigeration.
- Special items, such as denture needs, contact lenses and supplies, extra eyeglasses, and hearing aid batteries.
- Items for seniors, disabled persons, or anyone with serious allergies.
- Kitchen accessories: manual can opener; mess kits or disposable cups, plates, and utensils; utility knife; sugar and salt; aluminum foil and plastic wrap; resealable plastic bags.
- Household liquid bleach.
- For each person, one complete change of clothing and footwear, including sturdy work shoes or boots, raingear, and other items adjusted for the season, such as hat and gloves, thermal underwear, sunglasses, dust mask.
- Blankets or sleeping bag for each person.
- Small tent, compass, small shovel.
- Paper, pencil; needles, thread; small A-B-C-type fire extinguisher; medicine dropper; whistle; emergency preparedness manual.
- Sanitation and hygiene items: toilet paper, towelettes, soap, hand sanitizer, liquid detergent, feminine supplies, shampoo, deodorant, toothpaste, toothbrushes, comb and brush, lip balm, sunscreen, plastic garbage bags (heavy-duty) and ties (for personal sanitation uses), medium-sized plastic bucket with tight lid, disinfectant, household chlorine bleach.
- Entertainment, such as games and books. Favorite comfort dolls, stuffed animals for small children.
- Roll of duct tape (10 millimeters thick) and scissors.
- Plastic sheeting pre-cut to fit shelter-in-place room openings.

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