

CALAMITY JANE EXPRESS (R)

Emergency Checklist

at www.calamityjaneexpress.net

Standard Messages

Nuclear

Prepared for a Nuclear Power Plant Accident

- Determine your risk.
- Prepare household members.
- Learn the alert system.
- Make plans and practice them.

- Learn the terms used to describe nuclear power plant emergencies
- Learn about your community's warning system.
- Obtain public emergency information materials
- Learn the emergency plans for the schools, day care centers, nursing facilities, offices, and other places where members of your household spend time.
- Stay tuned to local radio and television stations.
- Consider your transportation options in case you have to evacuate.
- Practice your Family Disaster Plan

Terms Used to Describe a Nuclear Power Plant Emergency

- **Notification of Unusual Event**—A problem has occurred at the plant, but no radiation leak is expected. Federal, state, and county officials will be told right away. No action on your part is necessary.
- **Alert**—A problem has occurred at the plant, and small amounts of radiation could leak inside the plant. This will not affect you. No action on your part is necessary.
- **Site Area Emergency**—A more serious problem has occurred at the plant, and small amounts of radiation could leak from the plant. If necessary, state and county officials will act to ensure public safety. Area sirens may sound. Listen to local radio or television stations for information.
- **General Emergency**—A very serious problem has occurred at the plant, and radiation could leak outside the plant and off the plant site. Area sirens will sound. Listen to local radio or television stations for information. State and county officials will act to ensure public safety. Be prepared to follow instructions promptly.

After a Nuclear Power Plant Emergency

- Stay where you are until local officials say otherwise.
- Get medical treatment for unusual symptoms.

- If you were told to evacuate, do not return home until local authorities say it is safe.
- If you were advised to stay in your home, do not go outside until local authorities say it is safe.
- Get medical treatment for any unusual symptoms, like nausea, that may be related to radiation exposure.
- Until local authorities say it is safe, do not return home or, if you are sheltering at home, do not allow your pets to go outdoors for any reason.

During a Nuclear Power Plant Emergency

- Follow local instructions.
- Evacuate or stay inside as advised.

- Listen carefully to the warning.
- Stay tuned to a local radio or television station.
- Be aware that local instructions should take precedence over any advice given on national broadcasts or in books.
- Review the public information materials you received from the power company or government officials.

Evacuate if you are advised to do so.

- Close and lock doors and windows.
- Keep car windows and vents closed; use re-circulating air.
- Listen to a local radio station for evacuation routes and other instructions.
- Keep your pets with you and take them with you if you evacuate.

If you are not advised to evacuate, remain indoors.

- Shelter livestock and give them stored feed, if time permits.
- Bring pets indoors with you.
- Close doors and windows.
- Turn off the air conditioner, ventilation fans, furnace, and other air intakes.
- Go to a basement or other underground area if possible.
- Keep a battery-powered radio with you at all times.
- Use the telephone only to report life-threatening emergencies.
- Wash uncovered food before eating it.

If you suspect you have come into contact with radioactive particles:

- Take a thorough shower.
- Change your clothes and shoes.
- Put exposed clothing in a plastic bag.
- Seal the bag and place it outside.
- If you suspect that your pets have also come into contact with radioactive materials, shower with your pet if at all possible.

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