

CALAMITY JANE EXPRESS (R)

Emergency Checklist

at www.calamityjaneexpress.net

Standard Messages

Chemical

symptoms of chemical poisoning:

- Difficulty breathing
- Irritation of the eyes, skin, throat, or respiratory tract
- Changes in skin color
- Headache or blurred vision
- Dizziness
- Clumsiness or lack of coordination
- Cramps or diarrhea
- Nausea

• For chemical poisoning, immediately call the Poison Control Center and begin treatment.

• If fire or explosion threatens, get out, and then call for help.

If a person eats or drinks a non-food substance, you should immediately:

- Find the container the substance came in and take it to the telephone.
- Call the Poison Control Center at 1-800-222-1222.
- If directed to do so, call 9-1-1 or the emergency number in your area.
- Follow carefully the instructions of the Poison Control Center operator and the EMS dispatcher. Be aware that the first aid advice found on containers may not be appropriate. Do not give anything by mouth unless medical professionals advise you to do so.

If there is danger of a chemical fire or explosion, you should:

- Get out of the building immediately.
- Once you are safely away from danger, call the fire department from outside using a cell phone or a neighbor's telephone
- Stay upwind and away from the building to avoid breathing toxic fumes.

If a person is burned by chemicals, you should immediately:

- Call 9-1-1 for emergency help.
- Administer first aid.
- Remove clothing and jewelry from around the injury.
- Pour clean, cool water over the burn for 15 to 30 minutes.
- Loosely cover the burn with a sterile or clean dressing

If a chemical gets into a person's eyes, you should immediately:

- Call the Poison Control Center at 1-800-222-1222.
- Flush the eyes with clear water for a minimum of 15 minutes

If you have been exposed to toxic chemicals, you should:

- Wash your hands, arms, or other body parts that may have been exposed to a toxic chemical.
- Remove your clothing
- Discard clothing that may have been contaminated by toxic chemicals.

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